

Notes from x-tra Team Captain Meeting Thursday 10th Jan at 19.00

1. Because of the heavy storms expected on Thursday night and Friday, we have to make some changes in the schedule for Friday and Saturday:
 - Official training Friday 11th Jan is cancelled (it is still possible to use the tracks at your own risk)
 - Official training will be Saturday 12th Jan between 09.30-11.00
 - The races on Saturday 12th Jan will start 12.00 (CC sit-ski 7,5/5 km), 13.30 CC 10/7,5 km
 - Official training for the races on Sunday 13th Jan will be on Saturday 12th Jan between 16.00-17.00

One of the team captains suggested a larger gap between official training and race, and wanted the races to start at 13.30. We took a vote, and the result was to keep the schedule as written above.

The athletes will not have time to go back to the hotel for lunch, therefore, Karin Riddar will try to give the athletes possibility to have lunch at the stadium. Another possibility is that the athletes bring their own lunch (sandwich, fruit etc) from the breakfast-table at the hotel. We will let you know at the captain-meeting Friday 11th Jan kl 19.00 at the hotel

2. Tommie Jirhed showed the track for sit-ski (2 km), and some of the team captains thought it was way too dangerous and steep down-hill. Tommie will look into that on Friday together with the staff at the stadium.
3. Please visit the website www.winterparasport.com and get updated on news and schedule