

Program Östersund 2020 World Para Nordic Skiing WC Final 17-22 Mars

| DATE | TIME | ACTIVITY | | | | |
|-------------------|--------------------------------------|--|--------------------------------|----------------|----------------|--|
| MON 16 MAR | 00:00 - 07:00 | Course and stadium preparation | | | | |
| | 09:00 | Course and stadium complete | | | | |
| | 10:00 - 21:00 | Race office open | | | | |
| | 10:00 | Jury meeting | | | | |
| | 11:00 - 13:00 | Courses open for unofficial training | | | | |
| | 13:00 - 15:00 | Courses closed | | | | |
| | 15:00 | Jury meeting | | | | |
| | 16:00 - 18:00 | Official training BT Sprint 6 km SITTING / 7,5 km STANDING | | | | |
| | 15:00 - 16:00 | Zeroing LW 10-12 + training | | | | |
| | 16:00 - 17:00 | Zeroing LW 2-9 + training | | | | |
| | 17:00 - 18:00 | Testing B1-3 | | | | |
| | 18:30 - 19:30 | TCM in Mediacenter at Ski Stadium | | | | |
| | TUE 17 MAR | 00:00 - 07:00 | Course and stadium preparation | | | |
| | | 14:00 | Course and stadium complete | | | |
| 14:00 - 21:00 | | Race office open | | | | |
| 14:00 | | Jury meeting | | | | |
| 14:00 - 15:55 | | Range ready, course open for training | | | | |
| 15:00 - 15:55 | | Rifle check | | | | |
| 15:00 - 15:55 | | Zeroing LW 2-9 | | | | |
| 15:15-55 | | Testing B1-3 | | | | |
| 15:55 | | Courses closed for competition | | | | |
| 16:00 -20:30 | | BIATHLON SPRINT 6 KM / 7,5 KM | DISTANCE | HOOTING | P- LOOP | |
| 16:00 | | WOMEN 6 KM SITTING | 3 x 2 km | 2 | 100 | |
| 16:25 | | MEN 6 KM SITTING | 3 x 2 km | 2 | 100 | |
| 16:55 | | Jury meeting | | | | |
| 17:00 - 17:55 | | Range ready, course open for training | | | | |
| 17:00 - 17:55 | | Zeroing LW 2-9 | | | | |
| 17:00 - 17:55 | | Rifle check | | | | |
| 17:55 | | Course closed for Competition | | | | |
| 18:00 | | WOMEN 7,5 KM STANDING | 3 x 2,5 km | 2 | 150 | |
| 18:20 | | MEN 7,5 KM STANDING | 3 x 2,5 km | 2 | 150 | |
| 19:00 - 19:15 | | Technical break at range | | | | |
| 19:05 - 19:55 | | Course open for training | | | | |
| 19:15 - 19:45 | | Testing B1-3 | | | | |
| 19:05 | | Jury meeting | | | | |
| 19:55 | | Course closed for Competition | | | | |
| 20:00 | | WOMEN 7,5 KM VISUAL IMPAIRED | 3 x 2,5 km | 2 | 150 | |
| 20:25 | | MEN 7,5 KM VISUAL IMPAIRED | 3 x 2,5 km | 2 | 150 | |
| 20:55 | | Jury Meeting | | | | |
| 21:10 | Prizegiving Ceremony Biathlon Sprint | | | | | |
| WED 18 MAR | 00:00 - 06:00 | Course and stadium preparation | | | | |
| | 14:00 | Courses and stadium complete | | | | |
| | 09:00 - 19:00 | Race office open | | | | |
| | 09:00 | Jury meeting | | | | |
| | 10:00 - 12:00 | Courses open for unofficial training CC Short F - 5 km LW 10-12 / 7,5 km LW 1- | | | | |
| | 12:00 - 15:00 | Courses closed | | | | |
| | 14:00 | Jury meeting | | | | |
| | 15:00 | Courses open for training | | | | |
| | 15:00 - 17:00 | Official Training: CC Short Standing 7.5 km / Sitting 5 km Classic | | | | |
| | 18:00 - 18:45 | Team Captian's Meeting CC Short in Mediacenter at Ski Stadium | | | | |
| | THU 19 MAR | 00:00 - 06:00 | Course and stadium preparation | | | |
| 14:00 | | Courses and stadium complete | | | | |
| 14:00 - 20:00 | | Race office open | | | | |
| 15:00 | | Jury meeting | | | | |
| 14:00 - 15:55 | | Courses open for training | | | | |
| 16:00 - 18:25 | | CROSS COUNTRY SHORT FREE 5 KM / 7,5 KM | | | | |
| 16:00 - 16:20 | | MEN 5 KM, SITTING | | | | |
| 16:05 - 16:25 | | WOMEN 5 KM, SITTING | | | | |
| 16:25 | | Jury meeting | | | | |
| 16:25 - 17:25 | | Courses open for training | | | | |
| 17:25 | | Course closed for Competition | | | | |
| 17:30 - 18:00 | | MEN 7.5 KM, VISUALLY IMPAIRED | | | | |
| 17:35 - 18:05 | | MEN 7.5 KM, STANDING | | | | |
| 17:45 - 18:15 | | WOMEN 7.5 KM, STANDING | | | | |
| 17:55 - 18:25 | | WOMEN 7.5 KM, VISUALLY IMPAIRED | | | | |
| 18:25 | Jury meeting | | | | | |
| 18:40 | Prizegiving Ceremony | | | | | |

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| FRI 20 MARS | 00:00 - 06:00 | Course and stadium preparation |
| | 08:00 | Courses and stadium complete |
| | 08:00 - 17:00 | Race office open |
| | 09:00 | Jury meeting |
| | 10:00 - 14:30 | Official training CC Sprint |
| | 14:00 - 16:00 | Official Training: CC Long Standing 30 km / Sitting 20 km Classic |
| | 17:00 - 17:45 | Team Captian's Meeting CC Sprint in Mediacenter at Ski Stadium |
| | | |
| SAT 21 MAR | 00:00 - 06:00 | Course and stadium preparation |
| | 08:00 | Courses and stadium complete |
| | 08:00 - 17:00 | Race office open |
| | 08:30 - 09:55 | Courses open for training |
| | 09:00 | Jury meeting |
| | 09:55 | Course closed for Competition |
| | 10:00 - 11:15 | CROSS COUNTRY SPRINT FREE QUALIFICATION // All Classes |
| | | Qualification, Men, Sitting |
| | | Qualification, Women, Sitting |
| | | Qualification, Men, Standing |
| | | Qualification, Women, Standing |
| | | Qualification, Men, Visually Impaired |
| | | Qualification, Women, Visually Impaired |
| | 11:15 | Jury meeting |
| | 11:00 - 12:25 | Bib distribution for finals |
| | 11:30 - 13:30 | CROSS COUNTRY SPRINT FREE FINALS / All Classes |
| | 11:30 - 11:35 | Semifinals I, Men, Sitting |
| | 11:35 - 11:40 | Semifinals II, Men, Sitting |
| | 11:40 - 11:45 | Semifinals I, Women, Sitting |
| | 11:45 - 11:50 | Semifinals II, Women, Sitting |
| | 11:50 - 11:55 | Semifinals I, Men, Standing |
| | 11:55 - 12:00 | Semifinals II, Men, Standing |
| | 12:00 - 12:05 | Semifinals I, Women, Standing |
| | 12:05 - 12:10 | Semifinals II, Women, Standing |
| | 12:10 - 12:15 | Semifinals I, Men, Visually Impaired |
| | 12:15 - 12:20 | Semifinals II, Men, Visually Impaired |
| | 12:20 - 12:25 | Semifinals I, Women, Visually Impaired |
| | 12:25 - 12:30 | Semifinals II, Women, Visually Impaired |
| | 12:30 - 12:45 | Technical break |
| | 12:45 - 15:52 | Finals, Men, Sitting |
| | 12:52 - 12:59 | Finals, Women, Sitting |
| | 12:59 - 13:06 | Finals, Men, Standing |
| | 13:06 - 13:13 | Finals, Women, Standing |
| 13:13 - 13:20 | Finals, Men, Visually Impaired | |
| 13:20 - 13:27 | Finals, Women, Visually Impaired | |
| 13:30 | Jury meeting | |
| 13:45 | Prizegiving Ceremony | |
| 15:00 - 16:00 | Official Training: CC Long Standing 30 km / Sitting 20 km Classic | |
| 17:00 - 17:45 | Team Captian's Meeting CC Long in Mediacenter at Ski Stadium | |
| | | |
| SUN 22 MAR | 00:00 - 06:00 | Course and stadium preparation |
| | 08:00 | Courses and stadium complete |
| | 08:00 - 17:00 | Race office open |
| | 08:30 - 09:55 | Courses open for unofficial training CC Short F - 5 km LW 10-12 / 7,5 km LW 1- |
| | 09:00 | Jury meeting |
| | 09:55 | Course closed for Competition |
| | 10:00 - 14:35 | CROSS COUNTRY LONG CLASSIC 15 KM / 20 KM / 25 KM / 30 KM |
| | 10:00 - 11:05 | MEN 20 KM SITTING |
| | 10:15 - 11:30 | WOMMEN 15 KM SITTING |
| | 11:30 | Jury meeting |
| | 11:30 - 11:55 | Courses open for training |
| | 11:55 | Course closed for Competition |
| | 12:00 - 13:30 | MEN' 30 KM STANDING |
| | 12:15 - 13:45 | MEN 30 KM VISUALLY IMPAIRED |
| | 12:40 - 14:25 | WOMEN 25 KM STANDING |
| | 12:50 - 14:35 | WOMEN 25 KM VISUALLY IMPAIRED |
| | 14:35 | Jury meeting |
| | 14:50 | Prizegiving Ceremony and closing of WC Final |

